

Balance of Life - Part 2



FOCAL POINT

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What specifically do you want?

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Where are you now in relation to this goal?

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What will you see, feel, hear etc when you have it?

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How will you know when you have it/achieve it?

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What will the outcome allow you to do or what will it get you?

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What will you lose if you achieve it?

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What will you gain if you achieve it?

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